

### **Listing of claims**

1. (Currently amended) Use A method of self tanning comprising applying at least one self-tanning substance or a formulation comprising at least one self-tanning substance for application to the human skin wherein the application taking place at an elevated temperature.
2. (Currently amended) Use A method according to claim 1, characterized in that wherein application takes place in a bathtub or whirlpool.
3. (Currently amended) Use A method according to claim 1, characterized in that the wherein the application temperature is in the range between 25 and 60° C., preferably between 30 and 55° C. and particularly preferably between 37 and 50° C.
4. (Currently amended) Use A method according to claim 1, characterized in that wherein application to the skin takes place by misting, preferably by means of a shower or spray gun.
5. (Currently amended) Method A method of tanning the human body, characterized in that wherein at least one self-tanning substance or a formulation comprising at least one self-tanning substance is dissolved in water, the solution is brought to a temperature which is elevated relative to room temperature and the solution is applied to the human body.
6. (Currently amended) Method A method according to claim 5, characterized in that wherein the human body, as a whole or partially, is immersed into the solution.
7. (Currently amended) Method A method according to claim 5, characterized in that wherein for even tanning, the human body—completely or partially—is sprayed evenly with the tempered solution.
8. (Currently amended) Method A method according to claim 1, characterized in that

wherein a water-repellent preparation is applied to parts of the body which are not to be tanned or tanned only slightly.

9. (Currently amended) Cosmetic A cosmetic formulation comprising at least one self-tanning substance, characterized ~~in that the formulation comprises~~ at least one fatty carrier and at least one hydrophilic solvent.

10. (Currently amended) Cosmetic A cosmetic formulation according to claim 9, characterized ~~in that~~ wherein the fatty carrier present is one or more compounds chosen from the ceramides, cholesterol, phospholipids, cholesteryl sulphate, cholesteryl phosphate, phosphatidylcholine, lecithin and/or empty liposomes.

11. (Currently amended) Cosmetic A method formulation according to claim 1, characterized ~~in that~~ wherein the formulation comprises one or more UV filters.

12. (Currently amended) Cosmetic A method formulation according to claim 1, characterized ~~in that~~ wherein the formulation comprises, as hydrophilic solvent, glycerol and/or propylene glycol, preferably in a concentration of from 0.1 to 50% by weight, more preferred in the range from 0.5 to 20% by weight.

13. (Currently amended) Cosmetic A method formulation according to claim 1, characterized ~~in that~~ wherein the formulation comprises 0.1 to 50% by weight, more preferred in the range from 0.5 to 10% by weight of fatty carrier.

14. (Currently amended) Cosmetic A method formulation according to claim 1, characterized ~~in that~~ wherein the self-tanning substance is 1,3-dihydroxyacetone.

15. (Currently amended) Cosmetic A method formulation according to claim 1, characterized ~~in that~~ wherein the concentration of the self-tanning substance is in the range from 0.01 to 10% by weight, preferably in the range from 0.05 to 5% by weight.

16. (Currently amended) Cosmetic A cosmetic formulation comprising at least one self-tanning substance characterized in that wherein the formulation is a liquid, creamy, milky and/or gel-like bath additive additives, a bath tablet tablets, a bath salt salts and/or a bath capsule capsules.

17. (New) A method according to claim 1, wherein the application temperature is between 30 and 55° C.

18. (New) A method according to claim 1, wherein the application temperature is between 37 and 50° C.

19. (New) A method according to claim 1, wherein application to the skin takes place by means of a shower or spray gun.

20. (New) A method according to claim 15, wherein the concentration of the self-tanning substance is from 0.05 to 5% by weight.

21. (New) A method according to claim 13, wherein the formulation comprises from 0.5 to 10% by weight of fatty carrier.

22. (New) A method according to claim 12, comprising from 0.1 to 50% by weight of said hydrophilic solvent.

23. (New) A method according to claim 22, comprising from 0.5 to 20% by weight of said hydrophilic solvent.

23. (New) A method according to claim 5, wherein said self tanning substance is glycerol aldehyde, hydroxymethylglyoxal,  $\gamma$ -dialdehyde, erythrulose, 6-aldo-D-fructose, ninhydrin, 5-hydroxy-1,4-naphthoquinone (juglone), or 2-hydroxy-1,4-naphthoquinone (lawsone).